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| **David Lewis School**  **Personal, Social and Health Education** |

**Policy application: - Education and Life Skills – School**

**Job title of the author: - Director of Education- PSHE/SRE Curriculum Lead**

**Responsibilities for implementation: - Director of Education**

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**Contents**

**Page**

Introduction 2

Our learning environment 2

Why it should be taught 3

What is PSHE? 3

PSHE framework; planning, delivery and assessment 3

Who is responsible for co-ordinating the subject? 4

Involving parents and carers 4

Monitoring, evaluation and review 4

**Introduction**

At David Lewis, young people’s wellbeing, happiness and safety are our first priority, and Personal Social, Health Education (PSHE) are the key vehicle through which we share this with our students. Through the delivery of high quality PSHE lessons planned through consultation with PSHE association and their framework, at David Lewis we aim to allow all students the opportunity to succeed in the development of key skills and awareness of themselves and the wider world. At David Lewis we focus on ensuring all lessons are individualised and are appropriate for all our learners with PSHE taking this same approach.

At David Lewis we regard PSHE as an important, integral component of the whole curriculum; it is central to our approach and at the core of our ethos. Our PSHE curriculum is broad and balanced, ensuring that it: Promotes the spiritual, moral, cultural, mental and physical development of our young people and of society. Prepares our children for the opportunities, responsibilities and experiences they already face and for adult life. Provides information about keeping healthy and safe, emotionally and physically. Encourages our students to understand how all actions have consequences and how they can make informed choices to help themselves, others and the environment.

**Our Learning environment**

At David Lewis we thrive on providing a safe and supportive learning environment for all of our students to allow students to access valuable support and guidance in correspondence to our Safeguarding and Child Protection policy.

When necessary we ensure that students who may indicate that they are vulnerable or at risk the appropriate support is given through our trained PSHE staff or safeguarding team.

At David Lewis we promote the needs and interest of all pupils, irrespective of their gender identity, age, culture, ability or personal circumstances by allowing all students the opportunity to a broad and balanced curriculum with the delivery of PSHE lessons following the PSHE SEND framework with reference to the PSHE framework when applicable. The teaching and delivery of the PSHE curriculum will take into consideration the previously mentioned factors to ensure that lessons are appropriate, individualised and meaningful for all students and where necessary 1:1 sessions will be provided to support the successful delivery of timely PSHE knowledge.

**Why it should be taught**

Young People’s attitudes to themselves and each other must be healthy if effective learning is to take place.  The emphasis is on encouraging individual responsibility, awareness and informed decision making to promote healthy lifestyles.

Our aims for all children and young people are that:

* They should be safe, secure and happy in school and at home or in their community
* They have equal access to the curriculum, regardless of ability, gender, race or religion
* They develop an appreciation of the importance of responsible behaviour, courtesy and consideration of others
* And that young people’s spiritual, moral, social and cultural development is promoted to prepare them to become valued members of an ever-changing, multi-cultural society

**What is PSHE?**

Personal, social and health education (PSHE) helps to give children and young people the knowledge, skills and understanding they need to lead confident, healthy and independent lives.  It aims to help them understand how they are developing personally and socially, tackling many of the moral, social and cultural issues that are part of growing up.  It offers learning opportunities across and beyond the curriculum, in individual lessons as well as in groups.

**PSHE Framework; planning, delivery and assessment**

At David Lewis we will ensure all students have access to a broad and balanced curriculum and delivery of PSHE by following and adapting the PSHE Associations programme of study which identifies key concepts and skills to be taught through PSHE education as well as making reference to Department of Education guidance and statutory requirements. These are also further explored and developed to ensure all students have a good understanding of them and the world they live in making real life connections between their learning and their current or future ‘real life’ experiences.

During their education at David Lewis, students will develop the knowledge and skill in the following sections:

* Self-awareness (Me, who I am, my likes, dislikes, strengths and interests)
* Self-care, support and safety (Looking after myself and keeping safe; aspects of Relationships and Sex education)
* Managing feelings (Understanding feelings, and that how I feel and how others feel affects choices and behaviours; aspects of Relationships and Sex education)
* Changing and growing (How I and others are changing; new opportunities and responsibilities; aspects of Relationships and Sex Education)
* Healthy lifestyles (Being and keeping healthy, physically and mentally)
* The world I live in (Living confidently in the wider world)

The PSHE curriculum at David Lewis is taught through a ‘spiral programme’ where topics have been organised into a series of reoccurring yearly themes to allow for students to experience each year with the level of demand increasing ensuring that the topics in PSHE are embedded effectively. At David Lewis we allocate 1 hour of PSHE per week to each student to ensure a broad curriculum is delivered with students being given the opportunity to work individually, in groups or as a whole class on a range of skills and activities. Our provision is further enriched through the delivery of many spiritual, moral, social and culture topics throughout our assembly sessions where students develop their skills and have relevant tasks to complete in these areas.

The assessment of progress made by students through their PSHE curriculum will follow the ‘Evidence for Learning’ programme which is used for all students across all subject areas. Through this programme teachers will be able to set relevant targets for their students and provide evidence of how they are developing these skills through-out school life.

When responding to pupils questions, staff are able to take their time to give an answer which will build on relevant prior knowledge and readiness to ensure the answer given is suitable and safe. Students will also have opportunities to regularly speak with familiar members of staff to raise their concerns in a private matter. If any safeguarding concerns are raised through questions then the safeguarding policy will be followed at David Lewis School.

**Who is responsible for co-ordinating the subject?**

Hannah Phillips - Student Support Coordinator is responsible for co-ordinating the subject. Hannah Phillips has had relevant training delivered by the PSHE association to allow for successful planning and delivery of PSHE. Teachers will also be responsible for the delivery of the PSHE curriculum and will have opportunities to attend relevant CPD sessions to ensure they are confident in their delivery.

Due to the nature of PSHE education, students learning may result in them seeking advice or support on a specific personal issue. Teachers and school staff cannot offer complete confidentiality; it is important for everyone’s safety that school staff, teachers and students are clear about what can and cannot be kept confidential. It is also very important for external contributors, including the medical team, to be clear about these rules and that whilst working with students at David Lewis School, they are bound by David Lewis’s confidentiality policy.

**Involving parents and carers**

At David Lewis School we are committed to working with parents and carers to provide a broad and balanced curriculum for all. We will share the PSHE policy with parents and carers and offer relevant materials to go home for parents/ carers to explore together.

**Monitoring, Evaluation and Review**

The David Lewis School will review this policy annually and assess its implementation and effectiveness to ensure that it continues to meet the needs of pupils, staff and parents, and that it is in-line with current Department of Education advice and guidance.

Signed:-Angie Fisher Director of Education

Dated: -